



Name: **Dr Vishal R. Tandon**

Date of birth **23rd Sept, 1973**

Fathers Name **Dr R.P Tandon**

Age **41 years+**

Nationality **Indian**

Gender & Marital Status **Male (Married)**

Address:
Official

Postgraduate Department of
Pharmacology and Therapeutics, Govt
Medical College Jammu

Corresponding Address
Residence

Plot 5/ B, Near Arya Samaj,
Bakshinagar, Jammu-18000, (J&K)-
India,
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E-mail: dr_vishaltandon@yahoo.com
Website: www.jkscience.org

Present Employer (Institution): Health & Medical Education Deptt. J&K, India

Total teaching experience after M.D. **Nine Year**

Present Position: *Assistant Professor - Pharmacology, GMC Jammu*

Prestigious Fellowship and Memberships awarded:

***FIMSA-** Fellow International Medical Science Academy-2011*

***MAMS-** Member National Academy Medical Sciences-52 annual conference of National Academy of medical Science Held on 12th -14th Oct 2012 at Tamil Nadu Dr MGR medical University. The education activity was awarded 20 credit points in Cat 1.*

Academic and Professional Qualifications

Degree Institute	Year	
MD (Pharmacology)	December, 2002	Mahatma Gandhi Institute of Medical Sciences, Sevagram, Nagpur University (MCI - Recognized)
MBBS	December, 1995	JNMC- Swangi (M) Wardha, Nagpur, University (MCI- Recognized)

MD (Pharmacology) Thesis

Title: *Pharmacodynamic Effects of Vitex Negundo Linn Leaf Extract: An Experimental Study (Guide-Prof & Head Dr R K Gupta)at MGIMS Sevagram wardha-Maharashtra*

Organized National Conference-

- **Joint Secretary:** 13th National Conference of Indian Menopause Society IMSCON-2008
- **Organizing Secretary:** 3rd National Conference of Indian Society of Rational Pharmacotherapeutics - ISRPTCON-2011
- 1st National Conference of J&K State Medical Council- JK MEDICON-2013 **as Co organizing Secretary**
- **Conference Coordinator:** National CME of Indian Society of Neuro-Oncology Jammu Chapter organized by Department of Radiation Oncology, Regional Cancer Centre, GMC Jammu on 28th December 2013
- **Coordinator:** in Midterm Conference of International Medical Sciences Academy in MOU with Royal College of Physicians & Surgeons (GLASGOW, UK) An affiliate body of Council for international organizations of Medical Sciences, Geneva - held on 26th aril 2014 at ASCOMS, Jammu. Accredited by J&K medical Council- 5 credit Hour

Organized CME - Indian Rheumatology Association J&K Chapter-1
 Indian Menopause Society Jammu Chapter-1
 Department of Pharmacology- 2

Workshops, Training Courses-----12-----

Lectures delivered in CME-----8-----

Paper Presented In International Conferences ----3-----

Paper Presented In National Conferences -----32-----

Invited Faculty-----23-----

Abstracts-----21-----

Research Work

	Published	Under Publication	Ist Author/author
1. Research Papers (a) Indexed Journals	127	9	
2. Original Research Paper			
3. Books (a) Text Books (b) Edited Books (c) Educational Books	- 1		
4. Chapter in Books	14(National) 1(International)		
5. Original Research Presentations in Conferences	32		
5. Abstracts (a) Indexed Journals	21		
6. Awards	7		

Teaching / Research Experience-

Institution	Post Held	From	To	Total Experience
Department of Pharmacology MGIMS, Sevagram	Demonstrator (During PG)	1.1.2002	31.10.2002	10 months
PG Department of Pharmacology & Therapeutics, GMC-Jammu	Demonstrator (Post PG)	14.05.2003	18.10.06	3 years 6months
PG Department of Pharmacology & Therapeutics, GMC-Srinagar	Lecturer	28.4.2008	18.12.2009	One year 8 months
PG Department of Pharmacology & Therapeutics, GMC-Jammu	Lecturer	18.12.2009	17.12.2012	Three years
PG Department of Pharmacology & Therapeutics, GMC-Jammu	Assistant Professor	17.12.2012	Till Date	One year 8 months

Scientific Research Awards

- **Received cash award** for excellent and outstanding contribution to Indian Journal of Rheumatology, For recommending guidelines for the first time to use TNF Inhibitors in an article entitled “ **Tandon VR**, Mahajan A, Khajuria V. TNF Inhibitors and Tuberculosis: An Indian Concern’. Indian J Rheumatology 2006; 1(2): 66-71
- **First Prize** for best poster presentation. **Tandon VR**, Mahajan A, Sharma S. Prevalence of Cardiovascular Risk Factors in Postmenopausal Women A Rural Study. (*P2-IMSCON 08-JAMMU*)- 13th National conference of Indian Menopause Society held at Govt Medical College Jammu.
- **Second Prize** for best poster presentation. Gupta S, **Tandon VR**, Kapoor B, Gupta A, Gupta GD, Khajuria V. Safety Assessment of Tamoxifen Therapy In Post Menopausal Patients of Breast Cancer. P6-IMSCON08-

- JAMMU-13th National conference of Indian Menopause Society held at Govt Medical College Jammu
- **First prize** for paper “CP/35(P) presented for poster paper session during PEDICON 2011 at Jaipur. Kaul R, Digra S, Harish R, **Tandon VR**, Gillani Z, Singh V. Prevalence and Pattern Of ADR’s In Hospitalized Pediatric Patients
 - **Second Prize- Young Scientist Award** for paper presented in International Conference on *Pharmacovigilance systems and Rational Use of Medicines: An Integrated Approach* (26th to 28th November, 2010) Organized by: Department of Pharmacology, Lady Hardinge Medical College & Smt. SK Hospital, New Delhi 110001, India Indian Society for Rational Pharmacotherapeutics (2nd National Conference) Society of Pharmacovigilance (India) (10th National Conference). **Tandon VR**, Gillani G, Khajuria V, et al. An Isolated Case of Relatively Uncommon Organochlorine Poison (Endosulfan): A Lesson, An Introspection & Need To Develop State & National Level Treatment Protocol Consensus/ Guidelines And Develop Regional Toxicology Database & Centers
 - **First Prize for best oral paper presentation. Tandon VR et al.** First Study evaluating role of biochemical investigations and diagnostic Tools in Pharmacovigilance. In International Medical Sciences Academy in MOU with Royal College of Physicians & Surgeons (GLASGOW, UK) An affiliate body of Council for international organizations of Medical Sciences, Geneva - Midterm Conference held on 26th aril 2014 at ASCOMS, Jammu. Accredited by J&K medical Council- **5 credit Hour**
 - **First Prize for best poster paper presentation. Tandon VR et al.** Comparative Adverse Drug profile of Deflazacort versus Conventional Corticosteroids in spontaneous Reporting system of ADRs- An experience from tertiary care teaching hospital from north India. In International Medical Sciences Academy in MOU with Royal College of Physicians & Surgeons (GLASGOW, UK) An affiliate body of Council for international organizations of Medical Sciences, Geneva - Midterm Conference held on 26th aril 2014 at ASCOMS, Jammu. Accredited by J&K medical Council- **5 credit Hour**

Official Positions

Member Drug safety Review Panel

Under Pharmacovigilance Programme of India (PvPI)
Indian Pharmacopeia Commission- Ghaziabad
Directorate General of Health Services
Ministry of Health and Family Welfare,
Government of India

In charge/Coordinator

ADR Monitoring Centre, Govt. Medical College, Jammu
Under Pharmacovigilance Programme of India (PvPI)

Indian Pharmacopeia Commission- Ghaziabad
Central Drugs Standard Control Organization (CDSCO)
Directorate General of Health Services
Ministry of Health and Family Welfare,
Government of India

Coordinator MCI Related work of GMC Jammu

In charge- Drug information Center

Govt. Medical College, Jammu

In-charge E- Library

Govt. Medical College, Jammu

Member

Animal Ethical Committee

Govt. Medical College, Jammu

Member & Moderator

**Institutional Ethics Committee, (registration number -
ECR/454/INST/JK/2013 Dated 23.9.13)DCGI**

Govt. Medical College Jammu

Academic Achievement

Editor In Chief

- JK-Science, Journal of Medical Education & Research (Indexed Journal)-
2008 onward
- Journal Rational Pharmacotherapeutics and Research- 2012 onward

Executive Editor

- JK-Science, Journal of Medical Education & Research (Indexed Journal)-
2006- 2007

Assistant Editor

- JK-Science, Journal of Medical Education & Research (Indexed Journal)-
2004- 2006

Member Executive Committee

- Indian Society for Rational Pharmacotherapeutics (ISRPT)2009-2012

Secretary

- Indian Rheumatology Association-J&K Chapter-Second Term
- Indian Society For Rational Pharmacotherapeutics (J&K State Chapter)
2011 onward

Member National Advisory Board

- Journal of Indian Academy of Clinical Medicine
- Journal International academy Medical Sciences

Co-opted Editorial Member

- Journal Mid-Life Health official Journal of Indian Menopause Society

Honorary Member

- Indian Journal of Multidisciplinary Research

Review Committees of National bodies and institutions.

Member Library Committee CASS Union-2009 GMC, Srinagar

Member Information Technology Committee- CASS Union-2009 GMC, Srinagar

Assistant Editor- College Bulletin GMC, Jammu 2010

Membership of Editorial board of indexed international journals/**Editorial Member/ Technical Editors**

- International Journal of Pharmacology
- Journal of Medical Sciences
- Journal of Pharmacology and Toxicology
- Research Journal of Medicinal Plant

Editorial Member

- World Journal of Medical Science

Editorial Member

- Indian Journal of Multidisciplinary Research

International Peer Reviewer

- Acta Pharmacologica Sinica

National Peer Reviewer/Expert

- Indian Journal of Physiology and Pharmacology
- Indian Journal of Pharmacology
- Journal of Indian Academy of Clinical Medicine
- FOGSI-Journal of Obst & Gyane

Life Member

- Indian Pharmacological society (LT-84),
- Association of Physiologist and Pharmacologist of India (1355),
- Indian Rheumatology Association-(LM641),
- Indian Menopause Society
- Indian Society for Rational Pharmacotherapeutics (L-057)

Associate Member

- Journal of Indian Academy of Clinical Medicine-AL18
- Journal of Association of Physician of India

Guide for Postgraduate Students

1. Role of free Drug Interaction software in patient safety- 2014

Co- guide for Postgraduate Students

2. Rheumatological Disorder in Indian Women above 40 Years of Age-2013
3. Quality of Life among OA patients-2013

4. Adverse Drug Reaction Monitoring Experience In A Tertiary Care Teaching Medical College: 1 Year Retrospective And Prospective Observational Study-2012
5. Adverse drug reaction profile of inward patients in medicine department : An one year observational study- 2014
6. Comparative Evaluation of efficacy and safety of Combination of Metformin-Vidagliptin (MF-VG) Vs Metformin-Glimepiride (MF- GP) in Patients of Type 2 Diabetes Mellitus (T2DM) Inadequately controlled with Metformin monotherapy- A Randomised open label study-2013
7. To evaluate efficacy and safety of Caralluma fimbriata in overweight and obese patients: A randomized, single blinded, placebo control trial-2012
8. ADR Trends and Pattern in Tuberculosis and with co-morbid HIV: One year, prospective observational Study in tertiary Care Teaching Medical College.-2013
9. A Prospective Randomized, Open-Label, Comparative Trial on Efficacy and Safety of Asenapine Vs Olanzapine in patients of Acute Mania in Bipolar-1 Disorder-2013
10. Quality of Scientific information in product monographs of Pharmaceutical Companies- 2014
11. Age and Gender wise profile of ADRs : A retrospective Analysis-2104
12. Variations in drug information sources and their validation-2014
13. Role of free web based software in providing adequate information related to prescribed Drug during pregnancy-2014

Co- guide for Students out side GMC Jammu

1. Adverse Drug Reactions Profile of Antimicrobials: a Three Year Experience, from a tertiary care teaching hospital of India. Department of *Biotechnology, Arni University, Indora, H.P -India

National Treatment Guidelines

Meeta, CV Harinarayan, Raman Marwah, Rakesh Sahay, Sanjay Kalra, Sushrut Babhulkar et al Alap Shah, Amita Pandey, Anil Mahajan, Ashok Vaidya, Beena Bansal, Bharti Kalra Prof. Dr C.V. Harinarayan, Dilip Mehta, Hemant Tiwari, I.V. Reddy, Jyothi Unni, Ketan Mehta, Manisha Sahay, Meeta, Nagamani, Neelam Agarwal, Rabindera Nath Mehrotra, Raghava Dutt Mulukutla, Rakesh Sahay, Major General (Dr) Raman Kumar Marwaha, Ram Prabhoo, Rama Vaidya, Ranu Patni, Rashmi Shah, Sanjay Bhadada, Sanjay Kalra, Sailesh. B, Seema Puri, Sharad Kumar, Shashank Joshi, Shushrut Babhulkar, Siddharth Sarkar, Sudha Sharma, Sunila Khandelwal, Sushil Gupta, **Vishal R. Tandon**, Vivek Arya, U.R.K. Rao, Yatan Pal Singh Balhara. Clinical practice guidelines on postmenopausal osteoporosis: *An executive summary and recommendations. Indian Menopause Society, Hyderabad, India. Journal Midlife Health. 2013;4(2):107-126

Books Edited

1. Sharma S, Mahajan A, **Tandon VR**. Emerging Therapies of Postmenopausal Osteoporosis” Book of Indian Menopause Society. An Official Publication- 2011

Chapter in Books

International Book

1. **Tandon VR**, Mahajan A. *Herb-Drug interaction-An overview*. Chapter number 10, Page 247-263 In (Editor): J.N Govil, V.K. Singh, Khalil Ahmad, vol. 14 of the series “*Recent Progress in Medicinal Plants*”. A book by Division of Genetics Indian Agriculture Research Institute, New Delhi-110012 (India), 2006. Studium Press LLC, P.O Box -722200, Houston, Texas-77072, USA.

National Books

2. **Tandon VR**, Kapoor B, Khajuria V. *Herbs and Natural Dietary Supplements for cancer Chemoprevention*. Chapter number 33, In (Editor): Rakesh K Sharma and Rajesh Arora. *Herbal Drug Research: A Twenty First century Perspective*. Publishers: Jaypee Brothers Medical Publishers (P) Ltd. A book by Institute of Nuclear Medicine & Allied Sciences, Defense Research & Development organization, Brig S.K. Mazumdar Road, Delhi-11054,2006 1st edition, section 5 chapter 33,326-336.
3. Mahajan A, **Tandon VR**. *Diagnostic Approach in Polyarthriti*s. In: (Editors) A.K Agarwal & D.G Jain. Clinical Medicine Update-2006. A publication of Indian Association of Clinical Medicine. Jaypee Brothers Medical Publishers (P) Ltd, New Delhi Vol, IX 2006.pp.49-62
4. Mahajan A, **Tandon VR**, Singh K. *Treatment of Rheumatoid Arthritis- A State of Art*. Medicine Update-2007 Association of Physicians (API) book :An Official Publication
5. Sharma S, **Tandon VR**. *Endometriosis*. Practical Cases in Obstetrics and Gynecology by: KANAN YELIKAR, Jaypee Brothers Medical Publishers (P) Ltd, New Delhi 1 edition, 2007
6. Mahajan A, **Tandon VR**. Corticosteroid in Rheumatology Friend or Foe. In: (Editors) GL Avasthi. Clinical Medicine Update-2007. A publication of Indian Association of Clinical Medicine. Vol, X 2007.Chapter 3o pp.262-70
7. Mahajan A, **Tandon VR**. NSAIDs In Rheumatology. In :(Editors) URK Rao, Prakash Pispati, K.M.Mahendranath, *et al*. Manual of Rheumatology –Indian Rheumatology Association 3rd Edition.2009.pp. 93-99
8. Mahajan A, **Tandon VR**. Recent Treatment of Gout. Medicine Update-2009 Association of Physicians (API) book – An Official Publication

9. Sharma S, **Tandon VR**, Mahajan A. Menopausal Osteoporosis - A Health Hazard - Today & Tomorrow. Emerging Therapies of Postmenopausal Osteoporosis" Book by Indian Menopause Society.
10. Sharma S, **Tandon VR**, Mahajan A. Management of Postmenopausal Osteoporosis-From Controversy to Consensus. Emerging Therapies of Postmenopausal Osteoporosis" Book by Indian Menopause Society.
11. Mahajan A, **Tandon VR**. Rheumatoid Nodules.
12. Mahajan A, **Tandon VR**, Sharma S. Rheumatological manifestations in plus 40 women. Medicine Update-2014 Association of Physicians (API) book- An Official Publication
13. Mahajan A , **Tandon VR**. NSAIDs. Manual of rheumatology, 4th edition editor: URK Rao, K.M.Mahendranath, official publication of Indian Rheumatology Association, 2014. PP. 143-149
14. **Tandon VR**, Khajuria V, Gillani Z. Setting up a Modern Drug Information Center-With team of PGIMER-Under press

Research Publications

Indexed in Medlar/MEDLINE/Pubmed/ Embase & Published in indexed National Society Journals

1. **Tandon VR**, Khajuria V, Mahajan V, Sharma A, Gillani A, Mahajan A. Drug-Induced Diseases (DIDs): An Experience of Tertiary Care Teaching Hospital from India. Indian Journal of Medical Research (December 2014 Issue) – Accepted- Under Publication. [PubMed] **Impact factor-2.061**
2. Arora E, Khajuria V, **Tandon VR**, Sharma A, Mahajan A, Gillani ZH, Choudhary N. To evaluate efficacy and safety of Caralluma fimbriata in overweight and obese patients: A randomized, single blinded, placebo control trial. Perspect Clin Res 2015;6:1-6 [PubMed]
3. Arora E, Khajuria V, **Tandon VR**, Sharma A, Choudhary N . Comparative evaluation of aliskiren, ramipril, and losartan on psychomotor performance in healthy volunteers: A preliminary report. Perspect Clin Res 2015;6:1-6
4. Gupta BM, Zargar SH, Arora M, **Tandon VR**. Efficacy and safety of escitalopram versus desvenlafaxine in the treatment of major depression: A preliminary 1-year prospective randomized open label comparative trial. Perspect Clin Res 2015;6:1-6
5. **Tandon VR**, Chandail V, Khajuria V, Gillani Z. FDC of rabeprazole and diclofenac sodium induced GI Bleed: A Rational or Irrational Combination? Indian J Pharmacol 2014 Sept- Oct issue Under Press- [PubMed]
6. **Tandon VR**, Sharma S, Mahajan S, Mahajan A, Khajuria V, Mahajan V, Prakash C. Antihypertensive drug prescription patterns, rationality, and adherence to Joint National Committee-7 hypertension treatment guidelines among Indian postmenopausal women. J Midlife Health. 2014 Apr;5(2):78-83. doi: 10.4103/0976-7800.133994. PMID:24970986 [PubMed]

7. **Tandon VR**, Khajuria V, Mahajan A, Gillani Z, Mahajan V, Chandail V. Fatal adverse drug reactions: Experience of adverse drug reactions in a tertiary care teaching hospital of North India - A case series. *Indian J Crit Care Med*. 2014 May;18(5):315-9. PMID:24914261[PubMed]
8. Choudhary N, Khajuria V, Gillani ZH, **Tandon VR**, Arora E. Effect of *Carum carvi*, a herbal bioenhancer on pharmacokinetics of antitubercular drugs: A study in healthy human volunteers. *Perspect Clin Res*. 2014 Apr; 5(2):80-4. doi: 10.4103/2229-3485.128027. PMID:24741485 [PubMed]
9. **Tandon VR**, Sharma S, Mahajan S, Mahajan A, Khajuria V, Gillani Z. First Indian prospective randomized comparative study evaluating adherence and compliance of postmenopausal osteoporotic patients for daily alendronate, weekly risedronate and monthly ibandronate regimens of bisphosphonates. *J Midlife Health*. 2014 Jan;5(1):29-33. PMID:24672203[PubMed]
10. **Tandon VR**, Sharma S, Mahajan A, Mahajan S. Effect of life-style modification on postmenopausal overweight and obese Indian women: A randomized controlled 24 weeks preliminary study. *J Midlife Health*. 2014 Jan;5(1):23-8. PMID:24672202[PubMed]
11. Sharma S, **Tandon VR**, Mahajan S, Mahajan V, Mahajan A. Obesity: Friend or foe for osteoporosis. *J Midlife Health*. 2014 Jan;5(1):6-9. PMID:24672199[PubMed]
12. **Tandon VR**, Khajuria V, Raina K, Mahajan V, Sharma A, Gillani Z. First Study Evaluating Role of Biochemical Investigations and Diagnostic Tools in Pharmacovigilance. *J Clin Diagn Res*. 2014-2015 Accepted For Publication Under Press- [PubMed]
13. Shah S, Khajuria V, **Tandon VR**, Gillani ZH, Lal M. Comparative evaluation of efficacy, safety and haemostatic parameters of enoxaparin and fondaparinux in unstable coronary artery disease. *J Clin Diagn Res*. 2014 Jan; 8(1):31-4. PMID:24596717[PubMed]
14. **Tandon VR**, Sharma S, Mahajan S, Mahajan A, Khajuria V. A rare case of fondaparinux-induced major bleeding in postmenopausal woman prescribed for non-ST segment elevation MI. *J Midlife Health*. 2013 Oct;4(4):241-3. PMID:24381468 [PubMed]
15. **Tandon VR**, Mahajan V, Gillani ZH, Mahajan A. Pregabalin-induced self-harm behavior. *Indian J Pharmacol*. 2013 Nov-Dec;45(6):638-9. PMID: 24347781[PubMed]
16. **Tandon VR**, Mahajan A, Mahajan V, Khajuria V, Gillani Z. Cilnidipine induced ankle edema. *Indian J Pharmacol [serial online]* 2014 [cited 2014 Jul 18];46:348-9. [PubMed]
17. **Tandon VR**, Mahajan A, Khajuria V, Gillani ZH. Angioedema due to fixed dose combination of telmisartan plus ramipril. *J Pharmacol Pharmacother [serial online]* 2014 [cited 2014 Jul 18];5:214-6. [PubMed - in process]
18. **Tandon VR**, Mahajan A, Sharma S, Sharma A. Prevalence of cardiovascular risk factors in postmenopausal women: A rural study. *J Midlife Health*. 2010 Jan;1(1):26-9. PMID:21799635 [PubMed]

19. Sharma S, Mahajan A, **Tandon VR**. Calcitonin gene-related peptide and menopause. Sharma S, Mahajan A, Tandon VR. *J Midlife Health*. 2010 Jan;1(1):5-8. PMID:21799630[PubMed]
20. Parveen S, Khateeb ZA, Mufti SM, Shah MA, **Tandon VR**, Hakak S, Singh Z, Yasmeen S, Mir SA, Tabasum R, Jan N. Comparison of sublingual, vaginal, and oral misoprostol in cervical ripening for first trimester abortion. *Indian J Pharmacol*. 2011 Apr; 43(2):172-5. PMID:21572652 [Pub Med]
21. **Tandon VR**. Adverse drug reaction monitoring in psychiatry out-patient. *Indian Journal of Pharmacology*, Year 2012, Volume 44, Issue 1 [p. 141] DOI: 10.4103/0253-7613.91893 PMID: 22345895[pubmed]
22. **Tandon VR**, Khajuria V, Kapoor B, Kour D, Gupta S. Hepatoprotective Activity of *Vitex-Negundo* Leaf Extract against Anti-Tubercular Drugs Induced Hepatotoxicity. *Fitoterpia* 2008;79:533-38 [PubMed - indexed for MEDLINE] **Impact Factor-1.52**
23. **Tandon VR**, Gupta RK. Anti-inflammatory activity and mechanism of action of *Vitex negundo* Linn. *International J Pharmacology*.2006; 2(3): 303-308
24. **Tandon VR**, Gupta RK. Vitex negundo Linn (VN) leaf extract as an adjuvant therapy to standard anti-inflammatory drugs. *Indian J Med Res*. 2006 Oct;124(4):447-50. PMID: 17159267 [PubMed] **Impact Factor-1.83 (2008)**
25. **Tandon VR**, Gupta RK. An experimental evaluation of anticonvulsant activity of Vitex-negundo. *Indian J Physiol Pharmacol*. 2005 Apr; 49(2):199-205. PMID: 16170989 [PubMed - indexed for MEDLINE]
26. Gupta RK, **Tandon VR**. Antinociceptive activity of Vitex-negundo Linn leaf extract. *Indian J Physiol Pharmacol*. 2005 Apr; 49(2):163-70. PMID: 16170984 [PubMed - indexed for MEDLINE]
27. **Tandon VR**, Gupta RK. Effect of *Vitex negundo* on oxidative stress. *Indian Journal of Pharmacology* 2005; 37(1):38-40
28. **Tandon VR**, Gupta RK. Histomorphological changes induced by *Vitex negundo* in albino rats. *Indian Journal of Pharmacology* 2004;36(3):176-177
29. Kumar A, Khajuria V, **Tandon VR**, Kapoor B, Singh R, Gillani Z. Comparative effects of conventional β -blockers and nebivolol on psychomotor performances in healthy volunteers: A preliminary report. *Indian Journal of Physiology and Pharmacology* , 2007; 51(2): 183-88.
30. Sharma S, **Tandon VR**, Mahajan A, Kour A, Kumar D. Preliminary screening of osteoporosis and osteopenia in urban women from Jammu using calcaneal QUS. *Indian J Med Sci*. 2006 May; 60(5):183-9. PMID: 16733289 [PubMed - indexed for MEDLINE] **Impact Factor-0.93 (2008)**
31. Gupta S, **Tandon VR**, Kapoor B, Gupta A, Gupta GD, Khajuria V. Effects of tamoxifen therapy on plasma lipid profile in patients of breast cancer. *J Assoc Physicians India*. 2006 Mar;54:183-6. PMID: 16800341 [PubMed - indexed for MEDLINE]
33. **Tandon VR**, Kaur D, Khajuria V. Menstrual disturbance with the use of herbal anti-obesity preparation. *J Postgrad Med*. 2006 Oct-Dec;52(4):326-7. PMID: 17102564 [PubMed - in process] **Impact Factor-1.58 (2008)**

34. **Tandon VR**, Sharma S, Mahajan A, Khajuria V, Kumar A. Pregnancy and rheumatoid arthritis. *Indian J Med Sci.* 2006 Aug;60(8):334-44. PMID: 16864922 [PubMed - indexed for MEDLINE] **Impact Factor-0.93 (2008)**
36. Mahajan A, Verma S, **Tandon VR**. Osteoarthritis. *J Assoc Physicians India* 2005 Jul; 53:634-41. PMID: 16190135 [PubMed - indexed for MEDLINE]
37. **Tandon VR**, Bano G, Khajuria V, Parihar A, Gupta S. Pleiotropic effects of statins. *Indian Journal of Pharmacology* 2005;37(2):77-85
38. **Tandon VR**, B Kapoor et al. P-glycoprotein: Pharmacological relevance. *Indian Journal of Pharmacology.*2006; 38(1):13-24
39. Mahajan A, **Tandon VR**, Verma S, Singh JB, Sharma M. Prevalence of Tuberculosis, Hepatitis B, Hepatitis C and Syphilis Co-Infections among HIV/AIDS Patients in Jammu. *Indian J Medical Microbiology* 2008;26(2):196-7 [PubMed - indexed for MEDLINE] **Impact Factor 0.752 (2008)**
40. Mahajan V, **Tandon VR** et al .Most common prescribing error in post-exposure prophylaxis of HIV/AIDS". Pictorial CME, *J Assoc Physicians India* 2007 56(3): 246-47 [PubMed - indexed for MEDLINE]
41. Kumar R, **Tandon VR**, Bano G, Kapoor B, Sharma S, Gupta Y. Comparative study of proton pump inhibitors in Triple therapy in eradication of H. pylori. Infection. *Indian J Gastroenterology* 2007; 26 (2): 101. [PubMed - indexed for MEDLINE] **Impact factor-0.192**
42. Gupta S, **Tandon VR**, Kapoor B, Gupta A, Gupta GD, Khajuria V. Effects of Tamoxifen Therapy on Endometrium in postmenopausal Patients of Breast Cancer. *Indian Journal of Pharmacology* 2006 38(4):289-90
43. **Tandon VR**, Gupta BM, Khajuria V. Pharmaceutical drug advertisements in national and international journals. *Indian Journal of Pharmacology* 2004; 36(5):313-315
44. **Tandon VR**, Kapoor B, Gupta BM. Herbal drug research in India: A trend analysis using IJP as a marker (1995– August 2003). *Indian Journal of Pharmacology* 2004; 36(2):99-100
45. **Tandon VR**, Gupta BM, Khajuria V. Therapeutic substitution: A hidden irrationality. *Indian Journal of Pharmacology* 2004;36(3):178-179 **(ORIGINAL RESEARCH)**
46. **Tandon VR**, Kapoor B, Chopra V, Mahajan A, Gupta BM. A case of losartan-induced dry irritating cough. *Indian Journal of Pharmacology*, Volume 36, Issue 4, 251 Year 2004
47. Gupta S, Kapoor B, Gupta A, **Tandon VR**. A case of tamoxifen-induced hypertriglyceridemia. *Indian Journal of Pharmacology* 2004; 36(5):325-26
48. **Tandon VR**. Is Enalapril and Losartan combination irrational? *Indian Journal of Pharmacology* 2006 38(4):295-96.
49. **Tandon VR**. Medicinal uses and biological activities of *Vitex negundo*. *Natural Product Radiance* 2005; 4(3):162-165
50. **Tandon VR**. Metformin Therapy: Benefits beyond glycemic Control. *International Journal of Diabetes in Developing Countries* 2007 27(1):1-4
51. Sharma S, **Tandon VR**, Mahajan A. Postmenopausal osteoporosis: An Update. *International Journal of Gyane & Obst* 2006;9(4):29-40

52. Sharma S, Kaur D, Mahajan A, **Tandon VR**. Selective Estrogen Receptors Modulators. *Asian Journal of Obs & Gynae Practice* 2005; 9(4):11-17
53. Sharma S, **Tandon VR**, Mahajan A. Therapeutic strategies for postmenopausal osteoporosis: Present and future. *Obs& Gynae Today* 9(11):758-762; 2004
54. Mahajan A, **Tandon VR**. Corticosteroids IN RA: Friend or Foe. *Journal, Indian Academy of Clinical Medicine* 2005;6(4):275-80
55. Mahajan A, **Tandon VR**, Verma S. Rheumatic Manifestations in HIV Infection. *Journal, Indian Academy of Clinical Medicine* 2006;7(2):136-44
56. **Tandon VR**, Mahajan A, Khajuria V, Kapoor V. TNF alpha blocking agents and Challenges. *Journal, Indian Academy of Clinical Medicine* 2006;7(4):334-43
57. **Tandon VR**, Mahajan A. Alpha (V) Beta (3) integrin antagonists: A novel class of agents in postmenopausal osteoporosis. *Journal of Indian Rheumatol Assoc* 2004;12(3):120-122
58. Mahajan A, **Tandon VR**. Antioxidants and rheumatoid arthritis. *Journal of Indian Rheumatology Association* 2004; 12(4): 139-142
59. Mahajan A, **Tandon VR**, Verma S, Sharma S. Osteoarthritis and menopause. *Journal of Indian Rheumatology Association* 2005; 13:21-25
60. **Tandon VR**, Mahajan A, Verma S. Statins and Rheumatoid arthritis. *Journal of Indian Rheumatology Association* 2005; 13(2): 54-59
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 23. **Second Prize:** Best Oral Paper in Prize Session: **Tandon VR** et al: An Isolated Case of Relatively Uncommon Organochlorine Poison (Endosulfan): A lesson, an Introspection & Need to Develop State & National level Treatment Protocol Consensus/ Guidelines and Develop Regional Toxicology Database & Centers. ISRPTCON-2010 First International and Second National Conference of Indian Society of Rational Pharmacotherapeutics, ISRPTCON 2010- organized by Department of Pharmacology, Lady Hardinge Medical College, New Delhi held on 26-28th Nov 2010
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Abstracts

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 18. Nasreen Jan, Zaffar Abbas Khateeb, Mir Nazir Ahmed, **Vishal R Tandon**, Mir Imran, Shagufta Parveen, Gulam Hassan Bhat. **Prospective Randomized Open Labeled Study Comparing Prophylactic Efficacy of Parenteral Single Dose Cefuroxime vs Ampicillin-Sulbactam in Patients undergoing elective cholecystectomy.** IPS 42 International Annual Conference, on Integrative and Personalized Medicine, Kolkota. Dec 10-13, 2009. Free paper session (Oral/Poster Presentation) Abstract Published in Ind J Pharmacology,2009
 19. Shagufta Parveen, Zaffar Abbas Khateeb, S.M. Mufti,M.A. Shah, **Vishal R .Tandon**, Nasreen Jan, S. Yasmeen , S Mufti **Comparative Study of Sublingual, Vaginal and Oral Misoprostol in Cervical Ripening for First Trimester Abortion.** IPS 42 International Annual Conference, on Integrative and Personalized Medicine, Kolkota. Dec 10-13, 2009. Free paper session (Oral/Poster Presentation) Abstract Published in Ind J Pharmacology,2009
 20. Muzaffer Ahmad Pukhta, Zubair A. Ashai, Mushtaq A. shah, Zaffar Abbas Khateeb, Samina Farhat,Shakeel Ahmad Mir, **Vishal R . Tandon. A Preliminary Randomized Open Labeled Comparative Analysis of Efficacy & Safety of Inhaled Tiotropium and Tiotropium plus Formoterol in COPD**_IPS 42 International Annual Conference, on Integrative and Personalized Medicine, Kolkota. Dec 10-13, 2009. Free paper session (Oral/Poster Presentation) Abstract Published in Ind J Pharmacology,2009
 21. Ajay Bhat, Z. Gillani, Seema Gupta, **Vishal R . Tandon****, Vinay Rampal . **A Preliminary Prospective Single Blind Randomized Placebo Control Study to Analysis Efficacy & Safety of Sibutramine and its Effect on Various Metabolic Parameters in Overweight and Obese Patients.** IPS 42 International Annual Conference, on Integrative and Personalized Medicine, Kolkota. Dec 10-13, 2009. Free paper session (Oral/Poster Presentation) Abstract Published in Ind J Pharmacology,2009

Workshops & Training Courses

1. Participated as **Guest Speaker/ Resource Person** to deliver lecture on Medical Case writing of ADRs in 4th Training Programme for technical Associates of North Zone under Pharmacovigilance Programme of India (PvPI) held at Post graduate Institute of Medical Education and Research Chandigarh, India on 21st December 2013.
2. Participated in state level training workshop on **AEFI Monitoring and Causality Assessment** held on 16-17 th December 2013 at Srinagar organized by Immunization Technical Support System Ministry of Health and Family Welfare in collaboration with WHO Contry Office India.
3. Participated in 3rd training Cum Meeting of Co-ordinators and technical associates of Northern Zone under PvPI. Organised by **ADR monitoring Centre** for North Region for training and Technical Support, PGIMER, Chandigarh under the aegis of National Coordination Centre (PvPI)- Indian Pharmacopoeia Commission IPC Ghaziabad Saturday, 27th July 2013.
4. Participated in Pre-Conference Workshop IPS XXXIX Annual Conference. **Scientific Writing for Journals Projects & Reports. 20th Dec 2006** IPS XXXIX Annual Conference, Jaipur.
5. Participated in North Zone Workshop on **Integrating Clinical Pharmacology and the Concept of Essential Medicines and Rational Drug Use into the UG Curriculum** Saturday, 2nd December 2006 at Department of Pharmacology, Dayanand Medical College & Hospital, Ludhiana, Punjab-141001
6. Participated in Workshop on **Research Methodology (ICMR sponsored)** Friday, 1st December 2006 at Department of Pharmacology, Dayanand Medical College & Hospital, Ludhiana, Punjab-141001
7. Participated and delivered a lecture on '**Role of IL-1 Antagonist (Diacerein) in Osteoarthritis**' in CME being organized by Indian Rheumatology Association –J&K chapter on 4th June, 2006 at Jammu.
8. Participated in **Workshop on Molecular Modelling and Drug Design: in silico** approach on 26th – 27th April, 2006 By Regional research Laboratory, Jammu
9. Participated in the training Programme on **HIV Infection/AIDS** held from 20th & 21st May 2005 in the Department of Community Medicine, GMC, Jammu, organized by office of the project coordinator(Jammu-division),J&K State AIDS Prevention and Control Society
10. Participated in the training Programme/Seminar/Workshop on "**Management of Primary Health Care Delivery System**" conducted by J&K Institute of management &Public Administration and Rural Development From 25.02.03 to 27.02.03
11. **International Workshops:** Participated in the training workshop on Community Ophthalmology at Dr R.P Center for Ophthalmic Sciences, New Delhi From 6th Jan,98 to 8th Jan 98 Under Indo-UK Collaborative

- Project on Community Ophthalmology sponsored by the overseas development administration (UK).
12. A certificate of achievement was granted for participating in training Programme/Seminar/Workshop on ***Breast Feeding Management-A Step Towards Baby Friendly Hospital*** conducted at Smt. Radhikabai Meghe Memorial Medical Trust's, Jawaharlal Nehru Medical College, Swangi Meghe, Wardha, Maharashtra-India on 1st to 3rd Feb 96.

Invited Faculty

1. **Tandon VR.** HRT Friend or Foe (Debate). Annual Conference of Indian Menopausal Society, Held in Jammu 2008 **IMSCON08-Jammu**
2. **Tandon VR.** Preventive Pharmacotherapy for Postmenopausal Osteoporosis. Guidelines **IMSCON 09** 7th- 8th Feb, Surat, Gujrat.
3. **Tandon VR.** Invited Participant in National level *Brain Storming on the Issues to Facilitate Experiments on Large Animals for Biomedical Research in India* held on 11 AM, 26th June 2006, at Indian National Science Academy- Auditorium, Bahadur Shah Zafar Marg, ITO, New Delhi being organized under the auspices of Indian National Science Academy (INSA), Indian Pharmacological Society, Association of Physiologists and Pharmacologists of India (APPI) and Indian Nutrition Society to prepare recommendation. Mehtab S. Bamji, the Chairperson of ICSU Joint Committee of Indian National Science Committee for IUNS, IUPS and IUPHAR took up the matter (Final Recommendations prepared in the session) with the Planning Commission's working group on policies, administrative changes for improvement in S & T, research environment and resource under the chairmanship of Dr.R.Chidambaran.
4. **Tandon VR.** Invited Faculty for Lecture: Recent advances in the pharmacotherapy of Hypertension. In CME held in Govt Medical College, Srinagar J&K, Held by the Dept of Medicine in June, 2009
5. **Tandon VR.** Invited Faculty for Lecture For Management Student In Saloni University Solan Himachal Pardesh. Research Methodology/ Clinical Trials /Study Designs, Oct 2009
6. **Tandon VR.** Invited Guest Speaker to deliver a lecture on Corticosteroid induced Osteoporosis in North zone conference of Indian Orthopedics Society, organized by Department of Orthopedics, Govt Medical College Jammu 2010 at GMC Jammu
7. **Tandon VR.** Presented Invited lecture on Phase 0 Clinical Trails in 1st National Conference of Indian Society of Rational Pharmacotherapeutics ISRPTCON-2009 Held on 23rd – 25th Feb 2010 by Department of Jawarharlal Nehru Medical College and AVB Rural Hospital, Datta Maghe Institute of Medical Science Swanghe (Meghe), Wardha Maharashtra.
8. **Tandon VR.** Presented Invited lecture on Problem Based Learning of Protocol Designing in 1st National Conference of Indian Society of Rational Pharmacotherapeutics ISRPTCON-2009 Held on 23rd – 25th Feb 2010 by

Department of Jawarharlal Nehru Medical College and AVB Rural Hospital, Datta Maghe Institute of Medical Science Swanghe (Meghe), Wardha Maharashtra.

9. **Tandon VR.** Presented Invited lecture on Sensitizing UG and PGs for basic of Clinical Research in 1st National Conference of Indian Society of Rational Pharmacotherapeutics ISRPTCON-2009 Held on 23rd – 25th Feb 2010 by Department of Jawarharlal Nehru Medical College and AVB Rural Hospital, Datta Maghe Institute of Medical Science Swanghe (Meghe), Wardha Maharashtra.
10. **Tandon VR.** Presented Invited lecture on Innovations in Post graduate Teaching in Pharmacology in ISRPTCON-2010 First International and Second National Conference of Indian Society of Rational Pharmacotherapeutics, ISRPTCON 2010- organized by Department of Pharmacology, Lady Hardinge Medical College, New Delhi held on 26-28th Nov 2010
11. **Tandon VR.** Invited Faculty to deliver Lecture on Innovations in UG and PG learning: Problem Based Learning in National CME Cum Workshop on Clinical Pharmacology held on 29 sept 2010 Organized by Department of Pharmacology, Sevagram Wardha, Maharashtra. Accredited with 4 Credit Points by Maharashtra Medical Council.
12. **Tandon VR.** Invited Resource person to conduct Workshop on Problem based Learning of Clinical Pharmacology exercises in National CME Cum Workshop on Clinical Pharmacology held on 29 sept 2010 Organized by Department of Pharmacology, Sevagram Wardha, Maharashtra. Accredited with 4 Credit Points by Maharashtra Medical Council.
13. **Tandon VR.** Invited Resource person to conduct Workshop on Problem based Learning of experimental animal Pharmacology exercises in National CME Cum Workshop on Clinical Pharmacology held on 29 sept 2010 Organized by Department of Pharmacology, Sevagram Wardha, Maharashtra. Accredited with 4 Credit Points by Maharashtra Medical Council.
14. **Tandon VR.** Invited Guest Lecture on Choosing Journal for Research-Basics of Scientific writing and Uethical Publication practice in a national CME Held on 30.9.10 at NPK Salve Medical College Nagpur organized by medical education Unit.
15. **Tandon VR.** Invited as Chairperson for the session on Rational Use of Vaccines in Children in Pedi-Pharma Update 2012 national Confrence of An academic programme of World Health Organisation (SEARO, New Delhi) in collaboration with Indian Society for Rational Pharmacotherapeutics (J&K) & Indian Academy of Pediatrics, Jammu Branch organized by Departments of Pediatrics and Pharmacology ASCOMS, J&K India on 3rd -4th March ,2012.
16. **Tandon VR.** Presented Invited lecture on Postmenopausal Treatment Guidelines. 4th National Conference Held on 29th Nov-1st December 2012 organized by Department of Pharmacology, RGK Kar Medical College, Kolkata.

17. **Tandon VR.** Resource person for the conduct of Workshop on problem based learning on Pharmacovigilance. 4th National Conference Held on 29th Nov-1st December 2012 organized by Department of Pharmacology, RGK Kar Medical College, Kolkata.
18. **Tandon VR.** Scientific Judge for the conduct of Poster Session in 4th National Conference Held on 29th Nov-1st December 2012 organized by Department of Pharmacology, RGK Kar Medical College, Kolkata.
19. **Tandon VR.** Invited as Guest Speaker to deliver a lecture on Underreporting of ADRs: A Big Challenge In PvPI in 2nd International and 5th National Conference of Indian Society for Rational Pharmacotherapeutics held on 30th Jan to 1st Feb 2014 organized by department of Pharmacology Dayanand Medical College & Hospital, Ludhiana(Punjab), India
20. **Tandon VR.** Scientific Judge to evaluate Poster in 2nd International and 5th National Conference of Indian Society for Rational Pharmacotherapeutics held on 30th Jan to 1st Feb 2014 organized by department of Pharmacology Dayanand Medical College & Hospital, Ludhiana(Punjab), India
21. **Tandon VR.** Invited as Guest speaker to deliver a lecture on Role of Pharmacologist in patient care and Safety in Midterm Conference International Medical Sciences Academy in MOU with Royal College of Physicians & Surgeons (GLASGOW, UK) An affiliate body of Council for international organizations of Medical Sciences, Geneva - held on 26th aril 2014 at ASCOMS, Jammu. Accredited by J&K medical Council- 5 credit Hour
22. **Tandon VR.** Invited Guest Speaker/ Resource Person to deliver lecture on Medical Case writing of ADRs in 4th Training Programme for technical Associates of North Zone Under Pharmacovigilance Programme of India (PvPI) held at Post graduate Institute of Medical Education and Research Chandigarh, India on 21st December 2013.
23. **Tandon VR.** Moderator for debate on Challenges in HIV-Tuberculosis co infection in - 1st National Conference of J&K State Medical Council- JK MEDICON-2013

Delivered a Lecture in CME

1. **Tandon VR.** Participated and delivered a lecture on '**NSAIDs Controversy: Role of Nabumetone**' in a CME being organized by Indian Rheumatology Association – J&K Chapter on 11 February, 2006 at Jammu.
2. **Tandon VR.** Participated and delivered a lecture on "**DMARD's and biological therapies in the management of Rheumatoid arthritis**" in CME being organized by Indian Rheumatology Association –J&K chapter on 17th October, 2005 at Jammu.
3. **Tandon VR.** Participated and delivered a lecture on "**Recent Advances in Treatment of Rheumatoid Arthritis**" in CME being organized by

- Department of Medicine, Govt. Medical College, Jammu on 14th October, 2004 at Amar Singh Club- Jammu.
4. **Tandon VR.** Participated and delivered a lecture on ‘**Phytoestrogens**’ 28 Nov, 2008 at KC Residency, Jammu conducted by IMS Jammu Chapter Tandon VR. Invited Faculty. IMSCON-09 SURAT, Preventive Pharmacotherapy of Postmenopausal Osteoporosis- Guidelines. Published in abstract Book.
 5. **Tandon VR.** Invited Faculty for Lectuer: **Recent advances in the pharmacotherapy of Hypertension.** In CME held in GMC, Srinagar, Held the Dept of medicine in June, 2009
 6. **Tandon VR.** Participated and delivered a lecture on “**Recent Advances in Treatment of Rheumatoid Arthritis**” in CME being organized by Department of Medicine, Govt. Medical College, Jammu on 14th October, 2004 at Amar Singh Club- Jammu.
 7. **Tandon VR.** Participated and delivered a lecture on “**NSAIDs Recent Controversies and Emerging Role of Etodolac**” in CME being organized by Department of Medicine, Govt. Medical College, Jammu on Septemberr, 2009 at Hotel Asia- Jammu.
 8. **Tandon VR.** Invited Faculty for Lecture For Management Student In Saloni University Solan Himachal Pardesh. **Research Methodology/ Clinical Trials /Study Designs**, Oct 2009

Participated In National CME

1. Participated in Endo Update 2014 as delegate organized by Medical Education Unit ASCOMS in Association with J&K Endocrine research group held on 8th Feb 2014. The CME was accredited with four credit hours by J&K medical Council
2. Participated in National CME GASTROMEDICON Under the aegis of Indian College of Physicians (Association of Physcian of India) held on 12th april 2014 at GMC Jammu. The CME was accredited with four credit hours by J&K medical Council

Contributions in community & national programmes

- Working in Field of Rheumatology, Menopause, animal and Clinical Pharmacology, Herbal Drug Research (Vitex Negundo)

Expertise in & Offers Free service to Scientist/Research Scholars/Teachers/PGs

- Choosing Research Question
- Advise on Ethical issues- both preclinical and Clinical studies
- Designing Research Protocol for descriptive/interventional preclinical or clinical studies (Phase 1-4) for your research and thesis of Postgraduates
- Scientific editing
- Medical writing
- Statistical Advise before, During and After summiting research protocol

Contribution as Teacher

- Developed Teaching programme for UG & PGs-Problem based clinical learning of Pharmacological basis.
- Developed Teaching programme for PGs-Video based learning of Experimental Pharmacology.

IMPORTANT

I hereby declare that the information given by me in the Performa is correct to the best of my knowledge.

Dr Vishal R Tandon

Date:

References

- Dr YK Gupta- Prof and Head Department of Pharmacology- AIIMS New Delhi
- Dr KK Sharma, Ex Prof and Head UCMS, Department of Pharmacology New Delhi
- Dr HS Reehan- Prof and Head Department of Pharmacology Lady Harding Medical College New Delhi
- Dr Annil Mahajan- Prof and Head Department of Medicine GMC Jammu, Member Executive Committee MCI.